



**FRIDAY 31.5.2024**

	<b>STEP &amp; DANCE</b>	<b>CARDIO &amp; FUN</b>	<b>HOLISTIC &amp; HEALTH</b>	<b>YOGA &amp; TSAR LOUNGE</b>
15:00 - 15:50	WELCOME STEP Mario & Lorenzo Level 2-3		DEEPWORK reloaded Jacqueline	
16:00 - 16:50	DANCE FROM FRANCE Alexis Level 3	STEP 4 ALL Sandy Level 1-2		TSAR FÜR YOGA Erik
17:00 - 17:50	HAPPINESS STEP Ivan L 2-3	DANCE AEROBIC 4 ALL Luciano Level 1-2	PILATES ROUTINE Lorenzo S	IYENGAR YOGA Magdalena
18:00 - 18:50	YALLA DANCE WITH ME Nitzan Level 2-3	FIGHT & BURN Jacqueline Level 1-2	PortDeBras Iva	
19:00 - 19:50	THE LOVE STEP Anastasia fares Level 2-3			

**SATURDAY 1.6.2024**

	<b>STEP &amp; DANCE</b>	<b>CARDIO &amp; FUN</b>	<b>HOLISTIC &amp; HEALTH</b>	<b>YOGA &amp; TSAR LOUNGE</b>
9:00 - 9:50	STEP MASHevents Mario Level 2-3		DEEPWORK 365 Carina & Jacqueline	
10:00 - 10:50	STEP CHALLENGE Alexis Level 3	SALSA 4 ALL Fares Level 1-2	NATURAL MOVEMENTS Lorenzo S	
11:00 - 11:50	DANCE CONNECTION Luciano & Carlos Level 2-3	FLOWER POWER WORKOUT Erik & Jacqueline Level 1-2	HOW OLD IS YOUR SPINE? Anastasia	
12:00 - 12:50	STEP FROM MEXICO Hector Level 2	METABOLIC WORKOUT Lorenzo F Level 1-2	BODYART Flow Qi Movement Carina	IYENGAR YOGA Magdalena
14:00 - 14:50	STEP FROM TEL AVIV Sandy Level 2-3	PARTNER HIIT & FUN Nitzan Level 1-2	MOBILITY TECHNICS Lorenzo S	TSAR bodymanagement Erik
15:00 - 15:50	DANCE LIKE A BUTTERFLY Ivan & Iva Level 2-3	STEP 4 ALL Hector Level 1-2	DEEPWORK COMBAT Jacqueline	
16:00 - 16:50	STEP LIKE MICHAEL J. Lorenzo F & Nitzan Level 2-3	ITS RAINING DANCE 4 ALL Carlos Level 1-2	PRANA Let the breath do the work Carina	IYENGAR YOGA Magdalena 90 min
17:00 - 17:50	LYRICAL JAZZ 4 ALL Ivan Level 1-2			
19:30	DINNERPARTY PEACE, LOVE & HAPPINESS			

**SUNDAY 2.6.2024**

	<b>STEP &amp; DANCE</b>	<b>CARDIO &amp; FUN</b>	<b>HOLISTIC &amp; HEALTH</b>	<b>YOGA &amp; TSAR LOUNGE</b>
9:00 - 9:50	TOO MANY STEPS Luciano Level 2-3		FUNCTIONAL FLOW Mario	
10:00 - 10:50	VERTICAL STEP FROM SPAIN Carlos Level 2-3	DANCE FROM NAPOLI Lorenzo Level 2	BODYART Energy Carina	
11:00 - 11:50	DANCE CONNECTION Alexis & Mario Level 2-3	FIGHT & FUN 4 ALL Jacqueline Level 1-2	PortDeBras Iva	TSAR kraftquelle Erik
12:00 - 12:50	STEP FROM TUNIS Fares Level 2-3		POWER PILATES Lorenzo S	IYENGAR YOGA Magdalena 90 min
13:00 - 13:50	FINAL DANCE SHOW Anastasia Level 2		BODYART final stretch & recovery Carina	